

**Meeting of the Nelson Tasman Positive Ageing Forum held in the Constance Barnicoat Room, Richmond Library, Queen Street, Richmond on Monday 3 December 2012, commencing at 1.05 pm.**

**Present:** Gail Collingwood (Chair)  
Ruby Aberhart

Bronwyn White (Public Health NMDHB)  
Caroline Pitman (Nelson Federation Women's Institute)  
Elizabeth Wiblin (St. John)  
Gail Collingwood (Nelson City Council and National Council of Women)  
Heather Kelling (St. John)  
Helen Reynolds (BUPA / Age Concern)  
Jane Kinsey (Nelson Bays Primary Health)  
Jess Breeze (Age Concern)  
Jill Godbaz (Richmond-Waimea RSA)  
John Harwood (Nelson Hearing Assn)  
Judene Edgar (Tasman District Council)  
Kim Howell (Life Unlimited)  
Lisa Turner (NMDHB)  
Lynne Grisber (Support Works)  
Mary Parfitt (Nelson City Council)  
Mayor Richard Kempthorne (Tasman District Council)  
Mike Tasman-Jones (Tasman District Council)  
Pam Wildermoth (Nelson Asthma Society)  
Rachael Large (Nelson City Council)  
Sarah Downs (Tasman District Council)  
Sue Bateup (Health Action Trust)  
Sue Tilby (Age Concern)

**In attendance:** Garry Woodgate (Tasman District Council)

**Apologies:** Brigid Ryan (Settling In Project – Ministry of Social Development)  
Charles Tyrrell (Anglican Church)  
Dave Tippet (Sport Tasman)  
Kay Peterson (Holy Trinity Church)  
Krista Hobday (Tasman District Council)  
Mark Preston-Thomas (ACC)  
Megan Riddell (NZ Red Cross)  
Sarah Downs (Tasman District Council) – for lateness  
Sarah Hodgson (Sport Tasman Richmond Recreation Centre)  
Sgt. Mal Drummond (NZ Police)

**Moved Caroline Pitman/ Sue Bateup**

**That the apologies be accepted.**

**CARRIED**

Gail Collingwood welcomed those present and advised that as Ruby was suffering from asthma, she would take the Chair.

The Chair led the Forum in a song, invited people at the Forum to introduce themselves and welcomed Mayor Richard Kempthorne to the meeting.

## **1. CONFIRMATION OF MINUTES – 27 August 2012**

### **Amendment**

The Minutes were amended as follows:-

Page 6            General Business Item g)            Heading was amended to read:-

### **g)      Mental Health Awareness Exhibition Week**

**Moved Sue Tilby/ John Harwood**

**That the minutes of the Positive Ageing Forum held on 27 August 2012 (with amendment) be received.**

**CARRIED**

### **MATTERS ARISING**

- a) Pg 3 Resolution to write to the Ministry of Health regarding consultation on the Guidelines Physical Activity for Older Persons 65+.  
Mike Tasman-Jones advised that the Forum had acted prematurely in writing to the Ministry as they were yet to provide wider consultation and distribute information on this matter.
- b) Pg 3 Resolution to write to all 26 Government Ministries regarding helping them distribute any information regarding positive ageing matters.  
Mike Tasman-Jones advised that had only gone out to seven Ministries to date.
- c) Pg 3 Greats and Grand's Month & International Day of Older Persons.  
Ruby advised that very little information was contributed about these to local newspapers from Forum members but small articles were published.
- d) Pg 5 General Business a) Telephone Directory.  
In response to the Resolution, Mike Tasman-Jones advised that he had sent a letter to Yellow Pages on 13 November 2012 but no reply had been received as yet.
- e) Pg 6 General Business i) Medication Card.  
Ruby and the Chair emphasised the importance of having up to date information on Medication Cards and Emergency Contact Cards.

## **2. CORRESPONDENCE**

- a) Letter dated 14 November 2012 to Government Departments inviting them to use the Nelson Tasman Positive Ageing Forum as a point of dissemination for their information relevant to older adults' services and individuals.
  - a. Received a positive response on 27 November via email from Colin Price, Team Leader, Information and Reporting, Senior Services, Ministry of Social Development. They are interested in exploring how we can work with the forum to disseminate information that is relevant and of interest to older people in the region.
- b) Letter to Yellow Pages.
- c) Thank you letter received on behalf of Nelson City Council from E J Ryan.
- d) Letter from CRESA regarding support for the Emergency Response Community Resilience in Bad Times.

### 3. CHAIRPERSON'S REPORT

The Chairperson's report had been circulated.

The report contained the following items:-

#### **Calendar of Events**

Ruby advised that Nelson-Tasman events needed to be more co-ordinated.

#### **Office of Senior Citizens**

- **Ministry of Social Development**  
A new flyer/guide is aimed at encouraging more people approaching 65 to apply for Super on line.
- **Automobile Association**  
Margaret Parfitt advised she had passed on the following comments to the Automobile Association regarding their Driver Education Foundation check list:- the jargon used was not understood by the elderly, the font was far too small, the pamphlet was far too wordy and that the routes recommended to save fuel would not necessarily be those used by elderly persons who are encouraged to use the safest routes.
- **Enduring Power of Attorney (Review)**  
Ruby emphasised the need for everyone to have an enduring power of attorney who was not a family member.

#### **Money Week**

##### **Reflections – Age Concern**

Sue Tilbey updated Forum attendees on workshops held by Age Concern regarding Reflections. She outlined the resource and added that they were for sale for \$15 each at the Age Concern office.

##### **Nelson-Marlborough Health Alliance Work Stream – Health of Older People**

Lisa Turner tabled and reported on the Nelson-Marlborough Health Alliance Work Stream's Terms of Reference that included its background, aim, objectives, scope, stakeholders and members.

#### **Moved Ruby Aberhart/ Margaret Parfitt**

**THAT the Nelson Tasman Positive Ageing Forum Chairpersons report be received and adopted.**

**CARRIED**

### 4. INTERGENERATIONAL IDEAS DISCUSSION – Sue Bateup, Health Action Trust, Nelson

Sue outlined a meeting recently held in Golden Bay regarding Living Well in Golden Bay and tabled a report on the project. The research identified accommodation, finances, social networks and health as the main issues contributing to peoples' ability to Age in Place (or not) in Golden Bay.

The link to the research on 'Aging in Place' in Golden Bay: An investigation of the ageing population in Golden Bay and what they need to be able to 'Age in Place' is:-

<http://www.gbworkcentre.org.nz/pdfs/ageinginplace-feb2012.pdf>

Discussion on the St John shuttle from Takaka to Collingwood and second dwellings on rural blocks ensued.

2.10 pm: Mayor Kempthorne departed.

### **Combined Community Whanau Get Together**

Sue advised that Nelson Tasman Positive Ageing Forum members are invited to a joint meeting on 6 March 2013, 10 am till noon at Te Awhina Marae, Motueka. Please bring a plate for a shared morning tea and a gold coin koha for Te Awhina Marae.

### **5. BUSINESS ACCESSIBILITY CHECKLIST TO BE LAUNCHED AT A4A ON THE 7<sup>th</sup> DECEMBER 2012. REVAMP OF THE ACCESSIBLE CAR PARKING MAP – Margaret Parfitt, NCC**

Margaret advised that the Checklist will be available this coming Friday. The Checklist is for businesses to help alleviate accessibility problems for their customers.

Margaret then advised that Accessible Car Parking maps are being redeveloped and that they should be available in Nelson just after Christmas. New look cards/permits are being issued now – replacing the orange cards.

### **6. GOOD HOMES UPDATE / OLDER PEOPLE AND DOGS – Bronwyn White, Injury Prevention Health Promoter, Public Health Service, NMDHB**

#### ***Good Homes Update***

Bronwyn advised of the work being undertaken in Blenheim. The Good Homes safety tool resource is being widely used led by GreyPower.

#### ***Older People and Dogs***

Bronwyn advised that this matter was raised in the context of the proposed new Dog Bylaw for Nelson and touched on dog registration fees, dogs on leads restricting mobility scooter owners and dogs as trip hazards. She added that freedom areas for dogs are required and had been requested at the Dog Bylaw hearing.

Sue Bateup advised that dogs are very good for mental health patients.

### **7. GENERAL BUSINESS**

#### **a) Pam Wildermoth, Nelson Asthma Society**

Pam advised that:-

- 1 in 4 children and 1 in 6 adults will experience asthma throughout their lives
- The Nelson Asthma Society meets in Halifax Street, Nelson
- Supports and educates those with asthma
- Sells dust mite allergy covers
- Runs the Better Breathers Club
- Gives work respiratory health talks
- People can self refer to the Society.

Pam encouraged those present to take one of the Society's brochures.

#### **b) Kim Howell, Life Unlimited**

Kim advised that Hearing Services had rebranded and requested those present to take one of the new cards provided.

**c) Seniors Expo**

A Seniors Expo is to be held on 5 April 2013. Forum members were advised to register early for stalls.

**8. NEXT MEETING DATES**

Monday 25 February 2013  
Monday 27 May 2013  
Monday 26 August 2013  
Monday 25 November 2013

The meeting concluded at 2.36 pm.

Next meeting Date: Monday 25 February 2013

UNCONFIRMED MINUTES